



# CHICKEN PIZZA

## INGREDIENTS

Serves 1 -

1 tortilla wrap

Tomato puree

Oregano

50g light mozzarella

1/2 red onion

1/2 red pepper

120g chicken breast

5g bbq seasoning

## PREP TIME

Prep Time 15 mins

Cook Time 10 mins

## HOW TO COOK

01

Pre heat oven to 200c/ 400f / Gas 6 and heat up some fry light spray in a pan over a medium heat

02

Add red onion and cook for 2-3mins before adding peppers and spices then add the chicken until the peppers have softened and the chicken is cooked through

03

Top the tortilla with tomato puree mixed with oregano and the chicken, peppers and onion mix and then finally add the mozzarella

04

Place in the oven for approx 10 minutes until the cheese is melted

